

# ILLAWARRA PCA Branch General Meeting

<b>Date:</b>	7 December 2019	<b>Time:</b>	9:20am
<b>Venue:</b>	Dapto Ribbonwood Centre		
<b>Present:</b>	Fiona Curll, Phil Halstead, Denise Wright, Carol Clews, Desiree Gawronski, Christine Bourdet, Tanya Ellsworth, Fayez Nour		
<b>Apologies:</b>			
<b>Minutes of Previous Meeting</b>	List or note any amendments:		
	<b>Moved:</b>	<i>Carol Clews</i>	<b>Seconded:</b> <i>Phil Halstead</i>
<b>Treasurer's Report</b>	<ul style="list-style-type: none"> <li>N/A</li> </ul>		
<b>PCA Report</b>	<ul style="list-style-type: none"> <li>Fiona Curll chaired the meeting. Minutes by Denise Wright</li> </ul>		
<b>Business Arising</b>	<ul style="list-style-type: none"> <li>Presenters still needed.</li> <li>Suggestion was made to research free Video Resources</li> <li>Ideas for 2020 Symposium included Teens/Social Media, Suicide – with possible input by presenter(s) from MHA Summit</li> <li>Due to cost, meetings may be moved to smaller rooms at Dapto Ribbonwood Centre. New meeting dates for 2020 are: 15/2, 4/4, 20/6, 1/8, 17/10, Dec TBA. Start time 9am – finish 12pm</li> <li>Next PCA Board meeting 4/2.</li> <li>Some members of PCA are allowing their memberships to lapse and a suggestion was made to ask members via email, what they would like from the PCA.</li> </ul>		
<b>Any Other Business</b>  Board report:	<ul style="list-style-type: none"> <li>Phil suggested an EAP information card – Rapid Response, Critical Incident, Stress Debrief, Psychological First Aid.</li> <li>Phil gave a copy of the Productivity Commission Submission April 2019 to Fi for the information of members.</li> <li>Fi suggested approaching Emma Queen – NLP Coach, Speaker and Author to give us a presentation and will approach her asap as Emma she had a feeling Emma may be relocating.</li> <li>We learnt that the PCA website has a list of presenters we can look at</li> <li>It was suggested that a Skype presentation might be possible for any presenters from interstate.</li> </ul>		
<b>Meeting Closed</b>	10am		
<b>Group Supervision</b>	Fiona provided a Case of “Unresolved Grief” from the AIPC Library of Case Studies. We reviewed the case study and discussed it as a group. We looked at what were the core issues; what questions would be helpful to ask, how best to work with the client, whether it would be helpful to include the clients brother in counselling etc.,		
<b>Active Supervisors</b>	<ul style="list-style-type: none"> <li>Phil Halstead</li> <li>Fiona Curll</li> </ul>		
<b>Professional Development Presentation</b>	Christmas Party and Supervision		
<b>Next Meeting</b>	<b>Date:</b> 15 February 2020		

Signed as true and accurate record of the meeting:

Convenor – \_\_\_\_\_