

ILLAWARRA PCA Branch General Meeting

Date:	6 April 2019	Time:	9:15am
Venue:	Dapto Ribbonwood Centre		
Present:	Fiona Curll, Phil Halstead, Kim Millingham, Donna Barnard, Tanya Ellsworth, Joyce Jones, Dean Kuball, Fayez Nour, Denise Wright		
Apologies:	Desiree Zeballos		
Minutes of Previous Meeting	List or note any amendments:		
	Moved:	<i>Kim Millingham</i>	Seconded: <i>Phil Halstead</i>
Treasurer's Report	<ul style="list-style-type: none"> N/A 		
PCA Report	<ul style="list-style-type: none"> Fiona Curll chaired the meeting. Minutes by Denise Wright 		
Business Arising	<ul style="list-style-type: none"> Our new accommodation is more expensive but we are saving costs as we no longer need to provide lunch as our meeting now ends at 12pm Fi explained the emergency evacuation procedure – Head to car park in front of the green sign. We will need to have at least 2 other people inducted into the use of the new room, in the event that Fi is unable to attend a meeting. Nigel and Denise to learn procedure. We need to keep the venue clean and take all rubbish out with us when we leave. All attendees to bring their own mugs to meetings please. We have no more presenters for the rest of the year – Presenters needed please. PCA has no web master as yet. The job has been scaled back so responsibilities are now fewer. Tanya Ellsworth is the new PCA Communication Manager. Apologies for non attendance at our meetings only include names of those who registered for the meeting and were then unable to attend. 		
Any Other Business	<p>Phil told us that the PCA conference will be on September 7th, 2019 and will focus on Neurocounselling – Katrina Gleeson, and Trauma Counselling & How it relates to Neurocounselling – Blue Knot.</p> <p>Board report:</p> <p>The Conference/Seminar will be held at the Ryde Eastwood Leagues Club and accommodation and transport will be organised, Final details will be available soon.</p> <p>2019 MHA Suicide Summit starts on 12/4/19 and video access to the summit will be available for 2 weeks after, until Sunday 28/4</p> <p>Joyce told us that ASIST – Suicide First Aid - is currently trialling an on line training program. She will let us know if the organisation needs help from more people to complete the course during the trial period.</p> <p>Donna told us about the Southern Highlands Bereavement Care Service starting an ongoing bereavement support group on the 1st Tuesday of the month at Bowral Hospital. It is free but participants - 16 years and over - need to register and should call 4862 1701 with expressions of interest and for further information.</p>		
Meeting Closed	9.25am		
Group Supervision	Generic Case Study from Fiona's AIPC Library of Case Studies focusing Creating a Relationship to save the Marriage		
Active Supervisors	<ul style="list-style-type: none"> Fiona Curll Phil Halstead 		
Professional Development Presentation	"Mindfulness for Counsellors" – facilitated by Phil Halstead.		
Next Meeting	Date: 2 June 2019 Presentation: TBA		

Signed as true and accurate record of the meeting:

Convenor – _____