

ILLAWARRA PCA Branch General Meeting

Date:	1 June 2019	Time:	9:15am
Venue:	Dapto Ribbonwood Centre		
Present:	Phil Halstead, Donna Barnard, Tanya Ellsworth, Tracy Rovere, Desiree Gawronski, Fayez Nour, Carol Clews		
Apologies:	Desiree Zebellos		
Minutes of Previous Meeting	List or note any amendments:		
	Moved:	<i>Donna Barnard</i>	Seconded: <i>Tanya Ellsworth</i>
Treasurer's Report	<ul style="list-style-type: none"> N/A 		
PCA Report	<ul style="list-style-type: none"> Phil Halstead chaired the meeting. Minutes by Donna Barnard 		
Business Arising	<ul style="list-style-type: none"> We still will need to have at least 1 other person inducted into the use of the new room, in the event that Fi is unable to attend a meeting. Phil has recently been inducted. All attendees are requested to bring their own mug to the PCA meetings, as the facility does not allow the use of disposable mugs. All members are requested to ask in their professional circles for interested speakers for our PCA meetings. Donna has offered to do the next meeting presentation titled "Counselling children experiencing loss and grief". Reminder that PCA memberships are due for renewal by 1st July. Request for Fi to please send out PowerPoint notes from Phil's, Tanya's and Carol's presentations. Turn around of Financial Year – We need to vote for Executives for our Illawarra Branch: Nominations are requested from members now for the following positions: <ul style="list-style-type: none"> Convenor: Currently – Fiona Curl Secretary: Currently – Denise Wright, Treasurer: Currently – Nigel Jones Vice Secretary: Currently - Donna Barnard Event Manager: Currently Susanna Papagna The PCA has appointed a new Web-master "Poppy K" 		
Any Other Business Board report:	<ul style="list-style-type: none"> Desiree spoke about "Life Supports" which is a service connecting counsellors and psychologists with new clients in their local area. She uses them and says that it has been beneficial. For more information please see website www.lifesupportscounselling.com.au The PCA symposium and AGM will be held on Saturday 7th September from 8.45am to 5pm at Ryde /Eastwood Leagues Club, 117 Ryedale Rd West Ryde. There will be discounted accommodation made available and transport to and from the venue. The early bird price will be approximately \$125 to attend the symposium. Details will be made available to members soon. Request for Donna to enclose a copy of the flyer for the Suicide Bereavement Support Group running in Bowral on the first Tuesday of the month. For all enquiries please phone : 48621701. 		
Meeting Closed	9.35am		
Group Supervision	2 Case Studies from Fiona's AIPC Library of Case Studies focusing on "Working with the Elderly" and "Behaviour modification with Children".		
Active Supervisors	<ul style="list-style-type: none"> Phil Halstead 		
Professional Development Presentation	"Self Care for Counsellors – The difference between Stress and Burnout" – facilitated by Tanya Ellsworth.		
Next Meeting	Date: 3 August 2019 Presentation: Counselling children experiencing loss and grief – Donna Barnard (Southern Highlands Bereavement Care Service)		

Signed as true and accurate record of the meeting:

Convenor – _____