

## **ILLAWARRA PCA – MEETING: 6 APRIL 2019**

**Date:** Saturday 6 April 2019

**Arrive:** 8.45am

**Meeting Starts:** 9.00am *sharp*

**Concludes:** 12.00pm

**Venue:** Dapto Ribbonwood Centre  
Squiggly Gum Room  
93-109 Princes Highway  
Dapto

### **Agenda:**

1. **Attendance**
  - Present
  
  - Apologies
2. **Minutes of Previous Meeting**
  - Any amendments
  - Moved
  - Seconded
3. **PCA Report**
4. **Treasurer's Report (if applicable)**
5. **Business Arising**
6. **Other Business – Topics as raised by Members**
7. **Close of Meeting 9.30am approx**
8. **Professional Development presentation – 9:30am- 10:30pm (1 hour approximately)**

"Mindfulness for Counsellors"

- Presented by Phil Halstead
9. **Nibbles Break – 10:30pm – 10:45pm - Approximately**
10. **Group Supervision – 10:45pm – 11:45pm**